



Thank you for purchasing a swaddling blanket from Beba Bean Designs. Swaddling your baby might take some practice, but soon it will become like second nature if you take these easy steps:

- place your swaddling blanket on a flat surface that is safe with the longest edge at the top
- lay the baby with its head on the top edge of the blanket
- take the bottom corner of the blanket and fold it up and over the baby
- take corner 2 and tuck in under the baby's shoulder
- wrap corner 3 around the baby and tuck it into the edge to complete the swaddle

There is no rule for how tight or loose to swaddle your baby as long as your baby is comfortable, can breathe, and is happy.



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